

# September 2023 - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>COTTAGE CHEESE FRUIT PLATES WILL BE AVAILABLE</b>	Lunch K-5 \$2.80 Gr.6-12 \$3.00  <u>Extra Lunch is an Additional:</u> K-5 \$3.40, Gr. 6-12 \$3.70 Milk - \$1.00			1
4	5 <b>NO SCHOOL FOR STUDENTS</b>	6 French Bread Pizza Or PB&J Sandwich Tossed Mixed Greens	7 French Toast Or Salami Sandwich Breakfast Sausage Blueberry Topping	8 Hamburger/Cheeseburger Or Turkey Sandwich Baked Tatar Tots Baked Beans
11 Chicken Nuggets Or Bologna Sandwich Baked Garlic Bread Stick Seasoned Rice Candied Carrots	12 Hot Dog on Bun Or PB&J Sandwich Baked Fries Baked Beans	13 Baked Goulash Or Ham Sandwich Baked Garlic Bread Stick Steamed Green Beans	14 Taco in a Bag Or Turkey Sandwich Fresh Baked Corn Muffin Steamed Corn	15 Beef Stroganoff Or Egg Salad Sandwich Buttered Dinner Roll Steamed Peas
18 Meatball Sub Or Ham Sandwich Pasta Salad Fresh Veggies	19 Chicken Patty on Bun Or Bologna Sandwich Alfredo Noodles Candied Carrots	20 Chicken Taco's Or Salami Sandwich Spanish Rice Seasoned Pinto Beans	21 <b>PIZZA SAMPLER</b> Or Egg Salad Cheese Buffalo Chicken Philly Steak Tossed Mixed Greens	22 Grilled Cheese Or Turkey Sandwich Tomato Soup Steamed Broccoli
25 BBQ Pork on a Bun Or Egg Salad Sandwich Mac Salad Baked Beans Cole Slaw	26 Popeye Chicken on a Bun Or Bologna Sandwich Garlic Pasta Candied Carrots	27 Ham or Turkey Sub Or Salami Sandwich Baked Chips Fresh Veggies	28 Chili Cheese Fries Or Turkey Sandwich Fresh Baked Corn Muffin Steamed Corn	29 Chicken Egg Roll in a Bowl Or Ham Sandwich Garlic Bread Stick Teriyaki Broccoli

Menu subject to change. Notice will be given if possible. All lunches served with choice of vegetable, fruit, and 1% milk or 1% chocolate milk. PB&J sandwiches offered daily.

Free/Reduced lunch applications can be filled out any time of the year. For more details, contact Vicky Williams @ 699-2316 Ext. 1403. Ellicottville Central School is an Equal Opportunity provider and employer.

### Offered Daily with Lunch

- ✓ Fresh Fruit or Prepared Fruit
- ✓ NYS Milk: Non- or Low-Fat White or Chocolate Milk
- ✓ Students must take at least ½ cup fruits or vegetables (and may take 1 cup)



Make half your plate fruits & veggies!



We use NY grown & raised foods whenever possible. Look for "NY" to find these items on the menu.



Our milk & yogurt products are produced in New York State.