


# January 2021 - Lunch Menu

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|--|--|---|---|
|   | <p><u>Lunch Prices:</u><br/>K-5 \$2.10, Gr. 6-12 \$2.30<br/>Milk - \$.60</p> <p><u>Extra Lunch is an Additional:</u><br/>K-5 \$2.60, Gr. 6-12 \$2.90</p> |  |   | 1<br><b>NO SCHOOL</b>   |
| 4<br>Hot Dog on Bun<br>Or PB&J Sandwich<br>Baked Fries<br>Steamed Green Beans<br>Fresh or Canned Fruit                      | 5<br>Chicken Wing Pizza<br>Or Salami Sandwich<br>Candied Carrots<br><b>NY</b> Apples   | 6<br>Taco Supreme<br>Or Ham Sandwich<br>Baked Corn Muffin<br>Steamed Corn<br>Fresh or Canned Fruit                   | 7<br>Meatball Sub<br>Or Turkey Sandwich<br>Garlic Pasta<br>Steamed Broccoli<br><b>NY</b> Grape Juice                                | 8<br>Ham & Cheese Sub<br>Or Egg Salad<br>Macaroni Salad<br>Fresh Veggies<br>Fresh or Canned Fruit |
| 11<br>Chicken Parmesan<br>Or Salami Sandwich<br>Garlic Pasta<br>Garlic Bread Stick<br>Steamed Peas<br>Fresh or Canned Fruit | 12<br>French Toast Stick<br>Or Egg Salad Sandwich<br>Breakfast Sausage<br><b>NY</b> Maple Syrup<br><b>NY</b> Apples                                      | 13<br>Italian Sausage on Bun<br>Or Turkey Sandwich<br>Alfredo Noodles<br>Candied Carrots<br>Fresh or Canned Fruit    | 14<br>Roast Turkey and Gravy<br>Or Ham Sandwich<br>Mashed Potatoes<br>Steamed Peas<br>Buttered Dinner Roll<br><b>NY</b> Grape Juice | 15<br>Fresh Baked Pizza<br>Or PB&J Sandwich<br>Roasted Cauliflower<br>Fresh or Canned Fruit       |
| 18<br><b>NO SCHOOL</b>  | 19<br>Popcorn Chicken Bowl<br>Or Egg Salad<br>Mashed Potatoes<br>Steamed Corn<br>Dinner Roll<br><b>NY</b> Apples   | 20<br>Taco in a Bag<br>Or Salami Sandwich<br>Steamed Rice<br>Pinto Beans<br>Fresh or Canned Fruit                    | 21<br>Spaghetti w/ <b>NY</b> Meat Sauce<br>Or Ham Sandwich<br>Garlic Bread Stick<br>Steamed Green Beans<br>Fresh or Canned Fruit    | 22<br>Cheeseburger on Bun<br>Or Egg Salad<br>Baked Fries<br>Baked Beans<br><b>NY</b> Apples       |
| 25<br>Fresh Baked Pizza<br>Or PB&J Sandwich<br>Roasted Cauliflower<br>Fresh or Canned Fruit                                 | 26<br>Chicken Nuggets<br>Or Salami Sandwich<br>Seasoned Rice<br>Buttered Dinner Roll<br>Steamed Green Beans<br>Fresh or Canned Fruit                     | 27<br><b>NY</b> Chili Cheese Fries<br>Or Egg Salad Sandwich<br>Baked Corn Muffin<br>Steamed Corn<br><b>NY</b> Apples | 28<br>Ham and Potato Casserole<br>Or Turkey Sandwich<br>Garlic Bread Stick<br>Steamed Peas<br><b>NY</b> Grape Juice                 | 29<br><b>NO SCHOOL FOR STUDENTS</b>   |

**Offered Daily with Lunch**

- ✓ Fresh Fruit or Prepared Fruit
- ✓ NYS Milk: Non- or Low-Fat White or Chocolate Milk
- ✓ Students must take at least ½ cup fruits or vegetables (and may take 1 cup)



Make half your plate fruits & veggies!



We use NY grown & raised foods whenever possible. Look for "**NY**" to find these items on the menu.



Our milk & yogurt products are produced in New York State.

Menu subject to change. Notice will be given if possible. All lunches served with choice of vegetable, fruit, and 1% milk or 1% chocolate milk. PB&J sandwiches offered daily.

Free/Reduced lunch applications can be filled out any time of the year. For more details, contact Vicky Williams @ 699-2316 Ext. 1403. Ellicottville Central School is an Equal Opportunity provider and employer.