


# January 2023 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>NO SCHOOL</b>	3 Hamburger/Cheeseburger or PB&J Sandwich Baked Fries Candied Carrots	4 Grilled Cheese or Salami Sandwich Tomato Soup w/ Crackers Steamed Green Beans	5 Chicken & Cheese Quesadilla or Egg Salad Sandwich Seasoned Steamed Rice Pinto Beans	6 Meatball Sub or Ham Sandwich Pasta Salad Steamed Peas
9 Chicken Ranch Sub or Turkey Sandwich Alfredo Noodles Steamed Broccoli	10 Spaghetti w/ Meat Sauce or Bologna Sandwich Baked Garlic Bread Stick Steamed Green Beans	11 Chunky Turkey Gravy or Ham Sandwich Biscuit Steamed Mixed Veggies	12 French Toast or Salami Sandwich Breakfast Sausage Blueberry Topping	13 Chicken Nuggets or PB&J Sandwich Baked Fries Steamed Peas
16 <b>NO SCHOOL</b>	17 Chicken Parmesan or Salami Sandwich Garlic Pasta Baked Bread Stick Tossed Salad	18 Chili Cheese Fries or Turkey Sandwich Fresh Baked Corn Muffin Steamed Corn	19 <b>Pizza Sampler</b> Chicken Alfredo Pizza Philly Steak Pizza Cheese Pizza or Egg Salad Sandwich Candied Carrots	20 <b>Chinese New Year</b> Chicken Lo Mein or PB&J Sandwich Fried Rice Egg Roll Steamed Broccoli Fortune Cookie
23 Ham or Turkey Sub or Bologna Sandwich Corn Chips Fresh Veggies	24 Hot Dog on a Bun or Egg Salad Sandwich Baked Tater Tots Baked Beans	25 Shake 'n Bake Chicken or Salami Sandwich Mashed Potatoes Dinner Roll Steamed Peas	26 Taco Supreme or Ham Sandwich Fresh Baked Corn Muffin Steamed Corn	27 <b>NO SCHOOL</b>
30 Chicken Fingers or Salami Sandwich Curly Fries Buttered Dinner Roll Candied Carrots	31 BBQ Pork on a Bun or Turkey Sandwich Homemade Mac Salad Baked Beans		Lunch K-5 \$2.10 Gr.6-12 \$2.30 <b>Extra Lunch is an Additional:</b> K-5 \$2.75, Gr. 6-12 \$3.00 Milk - \$.60	<b>COTTAGE CHEESE FRUIT PLATES WILL BE AVAILABLE</b>

**Offered Daily with Lunch**

- ✓ Fresh Fruit or Prepared Fruit
- ✓ NYS Milk: Non- or Low-Fat White or Chocolate Milk
- ✓ Students must take at least ½ cup fruits or vegetables (and may take 1 cup)



Make half your plate fruits & veggies!



We use NY grown & raised foods whenever possible. Look for "NY" to find these items on the menu.



Our milk & yogurt products are produced in New York State.

*Menu subject to change. Notice will be given if possible. All lunches served with choice of vegetable, fruit, and 1% milk or 1% chocolate milk. PB&J sandwiches offered daily.*

*Free/Reduced lunch applications can be filled out any time of the year. For more details, contact Vicky Williams @ 699-2316 Ext. 1403. Ellicottville Central School is an Equal Opportunity provider and employer.*