

November 2020 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Parmesan Or Bologna Sandwich Garlic Pasta Baked Garlic Bread Stick Steamed NY Green Beans Fresh or Canned Fruit	3 Fresh Baked Pizza Or PB&J Sandwich Roasted Zucchini NY Apples	4 NY Chili Cheese Fries Or Egg Salad Sandwich Fresh Baked Corn Muffin Steamed Corn Fresh or Canned Fruit	5 NY Cheeseburger Sub Or Salami Sandwich Macaroni Salad Baked Beans NY Grape Juice	6 Goulash w/ Meat Sauce Or Ham Sandwich Garlic Bread Stick Steamed California Blend Fresh or Canned Fruit
9 BBQ Chicken on a Bun or PB&J Sandwich Whales Roasted Cauliflower Fresh or Canned Fruit	10 NY Sloppy Joe on Bun Or Egg Salad Sandwich Alfredo Noodles Steamed Broccoli NY Apples	11 NO SCHOOL	12 Taco in a Bag Or Salami Sandwich Steamed Rice Pinto Beans NY Apples	13 Meatballs w/ Gravy Or Bologna sandwich Buttered Noodles Steamed NY Green Beans NY Concord Grape Juice
16 French Toast Or Ham Sandwich Breakfast Sausage NY Maple Syrup Baked Apples	17 Hot Ham & Cheese on a Pretzel Bun Or Salami Sandwich Alfredo Noodles Candied Carrots NY Apples	18 Fresh Baked Pizza Or PB&J Sandwich Roasted Zucchini NY Concord Grape Juice	19 Oven Roasted Turkey Or Egg Salad Sandwich Stuffing Mashed Potatoes Steamed Peas Buttered Dinner Roll Fresh or Canned Fruit	20 Taco Salad Or Bologna Sandwich Corn Chips Garlic Bread Stick Fresh or Canned Fruit
23 Chicken Nuggets Or PB&J Sandwich Steamed Seasoned Rice Steamed NY Green Beans Fresh or Canned Fruit	24 Hot Dog on a Bun Or PB&J Sandwich NY Baked French Fries Candied Carrots NY Apples	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 Chicken Fingers Or Bologna Sandwich NY French Fries Steamed California Blend Fresh or Canned Fruit				Lunch Prices: K-5 \$2.10, Gr. 6-12 \$2.30 Milk - \$.60 Extra Lunch is an Additional: K-5 \$2.60, Gr. 6-12 \$2.90

Offered Daily with Lunch

- ✓ Fresh Fruit or Prepared Fruit
- ✓ NYS Milk: Non- or Low-Fat White or Chocolate Milk
- ✓ Students must take at least ½ cup fruits or vegetables (and may take 1 cup)



Make half your plate fruits & veggies!



We use NY grown & raised foods whenever possible. Look for "**NY**" to find these items on the menu.



Our milk & yogurt products are produced in New York State.

Menu subject to change. Notice will be given if possible. All lunches served with choice of vegetable, fruit, and 1% milk or 1% chocolate milk. PB&J sandwiches offered daily.

Free/Reduced lunch applications can be filled out any time of the year. For more details, contact Vicky Williams @ 699-2316 Ext. 1403. Ellicottville Central School is an Equal Opportunity provider and employer.