

November 2009

ELLICOTTVILLE CENTRAL SCHOOL

Volume 40 Issue 3



**MONDAY,
NOV. 16, 2009**
Presentation of District's
New Strategic Plan
7:30-8:30 p.m.
H.S. Cafeteria



Taking a trip to the **PUMPKIN PATCH**

By Lisa Schwartz

Both Pre K classes were finally able to visit Pumpkinville after being rained out the first time. We were able to go on a tractor ride, feed the animals, and eat a delicious pumpkin donut and cider. Many of the parents and grandparents joined us on our trip which is always greatly appreciated. Each child was able to choose a pumpkin from the very muddy pumpkin patch to take home as a memory of our fun fall trip! Those Pre K kiddos sure have a lot of "pumpkin schema" now.



H1N1 FLU CLINIC for students and staff to be held NOVEMBER 5, 2009

See pages 2 and 7-8 of this newsletter for further details.

District prepares for H1N1 VACCINE

**By Mark J. Ward
Superintendent**

As this article is being written our school is preparing to be the first school district in Cattaraugus County to provide the H1N1 Vaccine (commonly called Swine Flu) to our students and staff. All families have been mailed specific information and we will also use the Global Connect phone system (mass calling of all families in the district) to remind families.

It is extremely important that everyone take the H1N1 influenza seriously because it is a new flu virus so most people have little or no immunity to its effects. In other words our bodies are not prepared to fight off the effects of the virus.

On November 5, 2009, the Cattaraugus County Health Department will provide free vaccines to all of our students and staff. Mrs. Diana Golley, School Nurse,

will be coordinating this effort with the County Health Department and the families of our students. A permission form as well as extensive information about the virus and vaccine has been provided to all families. We have also enclosed copies of this information in the District's November Newsletter.

Parents and guardians will determine whether they will allow their children to be vaccinated so we encourage everyone to read the information that we have provided so that you will be able to make an informed decision. You may also want to contact your personal physician for advice and guidance.

The Cattaraugus County Health Department will be administering the H1N1 Flu Vaccine in two forms: Inactivated vaccine (vaccine that has killed virus in it) is injected into the muscle, like the annual flu shot); Live

attenuated intranasal vaccine (or LAIV) is sprayed into the nose. The vaccine virus is attenuated (weakened) so it will not cause the illness. Parents may accompany their children during the vaccine by contacting Mrs. Golley at 699-2318, ext. 604.

The H1N1 Swine Flu virus has been unique in that it has targeted school age children more than senior citizens (65 and older) who have been generally more susceptible to the effects of previous flu outbreaks.

The airways, internet and print media have been filled with an enormous amount of information about the H1N1 Flu (Swine Flu). As a school district we will continue to stress good personal hygiene at school and home. We encourage parents to keep their children home if they have flu-like symptoms until they no longer have a fever or signs of a fever.



PITCHING IN FOR OUR PARKS

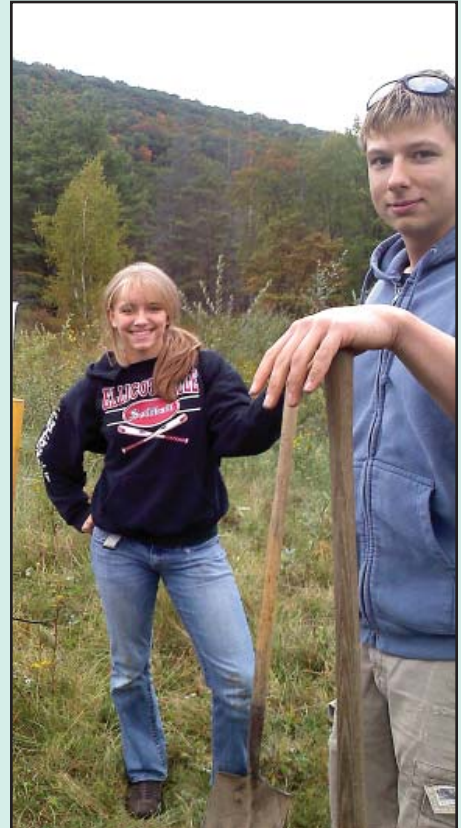
National Public Lands Day at Allegany State Park was held Saturday, September 26, 2009.

In the tradition of the Civilian Conservation Corps, federal, state and local agencies participated in this annual day of care and service for our public lands.

The ECS Ecology Club attended the "Team Up for Allegany" event to help with their efforts to encourage volunteers to help clear trails, plant trees, clean and restore structures and many other activities.

The students from ECS this year worked planting trees around the Red House area of the Park. Trees planted included White Birch, Sycamore and Butternut.

Many thanks to the students who participated from ECS. Volunteers were Felicia Elom, Rosemary Lanza, Kaitlyn Schena, Kim Telaak, Carolyn Wellman and Aaron Thomas.





Queen and King
Katie Rinko & Ryan Kent



Senior Attendants
Cassie Uhrinek & Michael Wendel



Junior Attendants
Kaitlyn Reese & Nate Billings



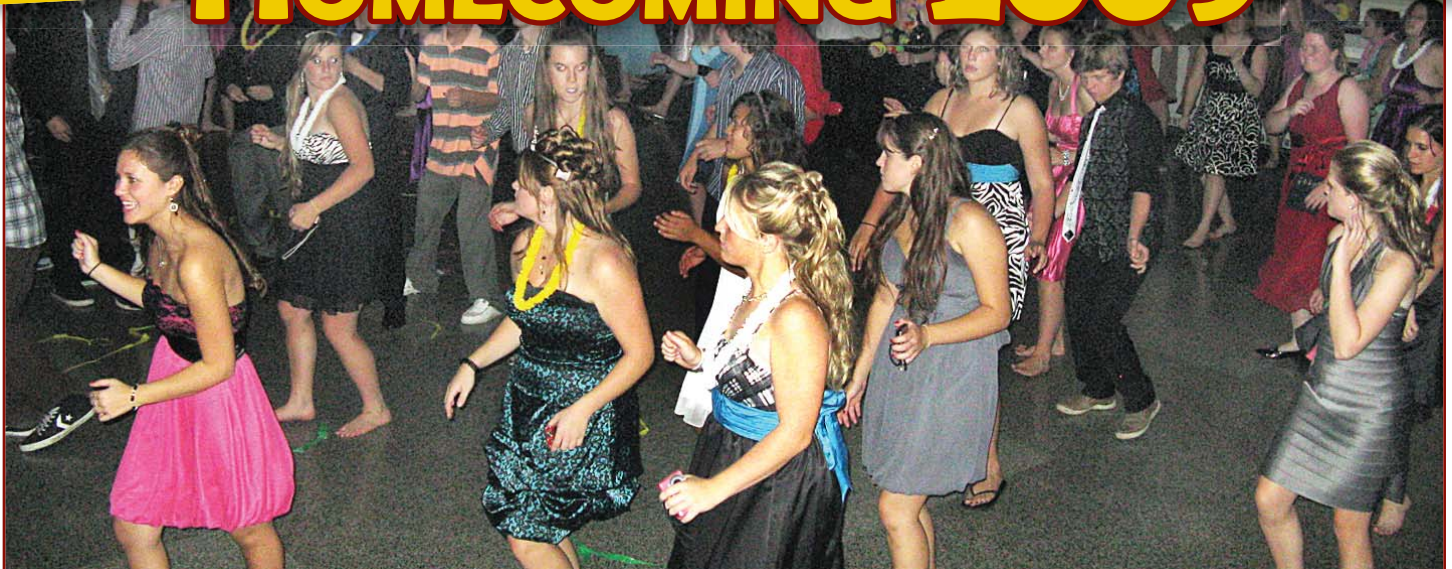
Sophomore Attendants
Paige Wyatt & Levi Kent



Freshmen Attendants
Breanna Coolidge & Charlie Scott



HOMECOMING 2009





Elementary students were treated to a presentation of fire equipment as part of Fire Prevention Week. Thanks go out to our local volunteer fire companies for their efforts! It was great for the students to be able to visit with some of our local heroes.

Seniors get view into a COUNTY COURT SYSTEM

By Jolene Dunkleman

On Monday, October 5th, seniors in the Participation in Government class took a trip to the Erie County Courts and Family Courts. Mr. Keenan and Ms. James chaperoned as we toured the courts.

In order to enter the court building, we had to go through a large metal detector and empty everything out of our pockets. We were able to sit through and witness several arraignments and see the actual criminals.

After spending time in the different court rooms, we were escorted by an armed police officer through the building

and into the different holding areas. In the holding areas, inmates were kept while waiting for their appearance with the judge. The officer also explained to us the process in which a person will go through starting from when they are first arrested.

Many of the seniors who attended the trip said that their experience at the court was "very interesting". Another student said that "it was cool to see how the court system really worked". Unlike the shows that are seen on TV, we were able to, in fact, see the inmates up close in their holding cells. We could see all of the different personalities and attitudes of each

individual inmate. It was almost like we experienced what it was like to live in a holding cell for a day.

At the family court building we were able to sit in the court room and talk to one of the judges. In family court, judges deal with cases such as custody, child neglect, adoptions, and foster care. Judge Maxwell told us about real cases that she has dealt with in the past.

We learned a lot from our trip to the courts, and I think many of us will, hopefully, try to make better choices so that we do not end up like the inmates that we saw on Monday.

Superintendent's Days build LIFE-LONG LEARNERS

Have you ever wondered what a Superintendent's Day is? Of course for students it means a day off from school. For teachers it is a day filled with learning and work towards improving the educational opportunities that ECS can provide to students. The most recent Superintendent's Day took place on October 13, 2009. Some of the activities / topics for the day included:



- Internet safety
- Web page training
- Microsoft Word and Excel 2007
- Six Traits of Writing EBook
- Spelling City
- Moodle training

- Integration of software into classroom centers
- Review and analysis of data from NYS Exam results to develop parallel learning within classrooms
- Writing plans to meet NYS mandates

As once can see, there are many opportunities for teachers to take advantage of on a Superintendent's Day as they demonstrate what it means to be a lifelong learner!

Class of 2010 Poinsettia Sale

Please help the Class of 2010 raise money by buying a poinsettia. What better way to decorate for the holidays than with poinsettias.

Please mail the following order form with money to:

Senior Class Advisor
Ellicottville Central School
5873 Rt. 219
Ellicottville, NY 14731

Orders are due by Tuesday, December 8th. Make checks payable to Ellicottville Central School. We will do our best to honor your request for specific colors but it is based on availability at the greenhouse when the order is placed.

Customer Name _____

Address _____

Phone Number _____

Poinsettias (Indicate Quantity):

Red : _____

White: _____

Pink: _____

Marble (red/white): _____



Poinsettias are \$12 each. Orders will be available to pick up at the high school on Friday, December 11th after 12 pm.

Elementary gathers for EAGLE TIME ASSEMBLIES

On the third Thursday of each month, the elementary school gathers as a school community to celebrate success and positive school climate. In descending order by grade level, each grade will be taking a turn with the responsibility of preparing some kind of presentation for the assemblies.

Schedule of Grade Levels for "Eagle Time" and Character Trait focus for presentations:

September – Grade 6 - Respect

October – Grade 5 - Fairness

November – Grade 4 - Patriotism & Citizenship

December – Grade 2 - Generosity

January – Grade 3 - Perseverance

February – Reading Celebration Kick-Off - Tolerance & Kindness

March – Reading Wrap Up - Responsibility

April – Grade 1 - The Golden Rule

May – Grade K - Honesty

June – TBD - Humility & Good Sportsmanship

On Thursday, September 24th, we held our first "Eagle Time" Assembly. Highlights included a Power Point presentation from the 6th graders on the topic of Respect. The 6th graders also led the school in a song and dance about Respect. Students from the HS Student Council also presented members of the school community certificates of achievement and recognition. The 5th graders prepared a presentation for their fellow ECS Elementary students to enjoy during October's Eagle Time Assembly. We can't wait to see what fun we'll have with the rest of the presentations this year. Great job!



Pictured clockwise from above: Kayla Stoebr unveiling a statue of her brother, Jordan, in his absence; Hannah Doro with the statue she inspired; Mrs. Waldron leading 6th graders in the song "Respect"; and Mrs. Sexton showing the Respect words 6th graders came up with for each letter of the alphabet.



Seasonal and 2009 H1N1 Flu: A Guide for Parents



Flu information

What is the flu?

The flu (influenza) is an infection of the nose, throat, and lungs caused by flu viruses. Flu viruses cause illness, hospital stays and deaths in the United States each year. There are many different flu viruses and sometimes a new flu virus starts spreading among people and making people sick.

What is 2009 H1N1 flu?

2009 H1N1 flu (sometimes called swine flu or novel flu) is a new and very different flu virus that is spreading worldwide among people. This flu season, scientists expect both 2009 H1N1 flu and seasonal flu to cause more people to get sick than a regular flu season. More hospital stays and deaths may also occur.

How serious is the flu?

Most people with 2009 H1N1 have had mild illness and have not needed medical care and the same is true of seasonal flu. However, the flu can be serious, especially for young children (risk is highest in children younger than 2 years) and children of any age who have certain chronic medical conditions. These conditions include asthma or other lung problems, diabetes, weakened immune systems, kidney disease, heart problems and neurological and neuromuscular disorders. Children with these conditions can have more severe illness from any flu, including from the 2009 H1N1 flu virus.

How does flu spread?

Both 2009 H1N1 flu and seasonal flu are thought to spread mostly from person to person through the coughs and sneezes of people who are sick with flu. People also may get sick by touching something with flu viruses on it and then touching their mouth, nose or eyes.

What are the symptoms of the flu?

Symptoms of seasonal flu and 2009 H1N1 flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea. Some people sick with the flu will not have a fever.

How long can a sick person spread the flu to others?

People infected with seasonal and 2009 H1N1 flu shed virus and may be able to infect others from 1 day before getting sick to 5 to 7 days after. However, some people can shed virus for longer, especially children and people with weakened immune systems and people infected with 2009 H1N1 flu.

Protect your child

How can I protect my child against flu?

Get a seasonal flu vaccine for yourself and your child to protect against seasonal flu viruses.

Get a 2009 H1N1 vaccine for your child. Ask your doctor about whether you should get one too.

Take – and encourage your child to take – everyday steps that can help prevent the spread of germs. This includes:

- Cover coughs and sneezes with a tissue. Throw the tissue in the trash after you use it.
- Stay away from people who are sick.
- Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- If someone in the household is sick, try to keep the sick person in a separate room from others in the household, if possible.
- Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.
- Throw away tissues and other disposable items used by sick persons in your household in the trash.

Is there a vaccine to protect my child from H1N1 flu?

A yearly seasonal flu vaccine is the first and most important step in protecting against seasonal flu. This vaccine is recommended for children 6 months through 18 years of age and all people who are close contacts (caregivers) of children younger than 5 years of age.

A vaccine against 2009 H1N1 flu also is being made. This vaccine is recommended for all children and young adults 6 months through 24 years of age. Other people, including close contacts of children younger than 6 months of age and adults with certain chronic medical conditions, are recommended for vaccination too. More information about the 2009 H1N1 flu vaccine and the seasonal flu vaccine is available on the CDC Web site.

Is there medicine to treat the flu?



Antiviral drugs can treat both seasonal flu and 2009 H1N1 flu. The priority use for these drugs this season is to treat people who are seriously ill (hospitalized) or people who are sick with the

flu and either have a medical condition or are in an age group that puts them at high risk of serious flu complications. Antiviral drugs can make people feel better and get better sooner and may prevent serious flu complications. These drugs need to be prescribed by a doctor and they work best when started during the first 2 days of illness. These drugs can be given to children.

What should I use for hand cleaning?

Washing hands with soap and running water (for as long as it takes to sing the "Happy Birthday" song twice) will help protect against many germs. If soap and water are not available, use an alcohol-based hand rub.



If your child is sick

What can I do if my child gets sick?

If your child is 5 years or older and otherwise healthy and gets flu-like symptoms, including a fever and/or

cough, consult your doctor as needed and make sure your child gets plenty of rest and drinks enough fluids.

If your child is younger than 5 (and especially younger than 2) or of any age and has a medical condition like asthma, diabetes, or a neurologic problem and develops flu-like symptoms, ask a doctor if your child should be examined. This is because younger children (especially children younger than 2) and children who have chronic medical conditions may be at higher risk of serious complications from flu infection, including 2009 H1N1 flu. Talk to your doctor early if you are worried about your child's illness.

What if my child seems very sick?

Even children who have always been healthy before or had the flu before can get a severe case of flu.

Call or take your child to a doctor right away if your child of any age has:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children.

When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (Fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F or 37.8°C.

For more information, visit www.cdc.gov or www.flu.gov or call 800-CDC-INFO



YEARBOOK NEWS

Will these pictures be in the yearbook? Reserve a book and you'll get a chance to find out!

- You need to prepay for a yearbook to ensure you get one. The books are \$50 and you need to put down at least \$10 to reserve one. You may turn the money in to Ms. Dineen.
- You may purchase old yearbooks while supplies last. 2009's book is \$30. Books from previous years are \$10 apiece.

Candy for the fundraiser should be in before Christmas. Anyone who didn't sell candy will have another opportunity with the Easter candy fundraiser later in the year.



Forms Available for ECS SKI CLUB 2009-2010

Forms are now available in the ECS High School Office and may be filled out and returned to the ECS High School Office with the full payment. All checks should be made out to Win-Sum Ski Corporation. Applications not turned in to ECS will not be available for ECS Club rates. Students applying for combo passes who are not in the lesson portion of the ski program must still go through the school in order to receive the ECS combo pass rate. All combo pass pictures must be paid for in advance with the receipt initialed by Mr. Robert Miller. Registration for any of the plans must take place at ECS first. Please fill out the paperwork in advance. Mrs. Jackie Paddock in the high school office will handle processing of applications.

Plan I - \$60

Thursday night lift and lesson with a bonus day in March! (Student owned equipment)

Plan II (Ski) - \$104

8 weekly lessons and ski equipment rental package for Thursday Nights, with a bonus day in March!

Plan III (Snowboard) - \$172

8 weekly lessons and snowboard equipment rental package for Thursday Nights, with a bonus day in March!

Plan IV - \$198

Combo Pass with unlimited day and night skiing, includes 8 Thursday night lessons (Student owned equipment - Unlimited Ski and Snowboard Rentals are available at an additional cost)

Registration forms will be available in school at the Elementary and High School offices after Thanksgiving.

If there are any students interested in helping to organize a ski trip, please contact Mr. Hall.



HOLIDAY FAMILY FUN NIGHT

Mark your calendars for the Holiday Family Fun Night Event at ECS Elementary School on December 4th from 6 to 7:45 p.m.!

ECS Student Council 2009 Citrus Sale

	Seedless Grapefruit Pink
Large: 4/5 Bu. Box 32-48 Depending on size	\$25.00

Small: 2/5 Bu. Box 16-24	\$18.00
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Juicy Oranges

	Navel	Hamlin
Large: 4/5 Bu. Box 80-125 Depending on size	\$25.00	\$25.00

Small: 2/5 Bu. Box 40-64	\$18.00	\$18.00
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Mixed Box:

Small: 2/5 bushel 8-9 Pink Grapefruit & 12-15 Navel Oranges	\$19.00
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*Regardless of the number in the box, the weight in the box is approximately the same for all sizes of fruit.

**CONTACT ANY STUDENT COUNCIL MEMBER OR MAIL YOUR ORDER TO:
ELLCOTTVILLE CENTRAL SCHOOL – ATTN: Student Council**

DELIVERY APPROXIMATELY DECEMBER 15th, 2009

Name: _____ Total of Order \$ _____

Address: _____

Phone Number: (home) _____ (work) _____

Circle any of the above fruit you wish to order.

Return to any Ellicottville Central School office. **Money must accompany order**
Please make checks available to Ellicottville Central School



ORDERS MUST BE RECEIVED BY FRIDAY, November 20, 2009

Students journey into **THE CAREER ZONE**

By Dan LaCroix and Tammy Eddy

This year all students in grades 6-12 will have the opportunity to build an electronic portfolio and explore careers related to their strengths, skills and talents. All secondary students will meet with their guidance counselor in the computer lab 4 times a year to work on their Career Zone portfolio and explore various careers. Through CareerZone, students have access to information on 974 different jobs, 200 career videos showing real people at work, a self-assessment tool that helps identify their interests and related jobs, as well as a link to America's Job Bank to view different position postings. They can also build an online resume, reference, and cover letter. Since this is a website, students can work on their portfolios and explore other options at home or during down time at school. Parents can explore this website as well, or work on it with their child, by going to www.nycareerzone.org. This is a very exciting opportunity for our students, and one that will help prepare them for the challenges they will meet after high school.



* EAGLES * SPORTS * ROUNDUP *



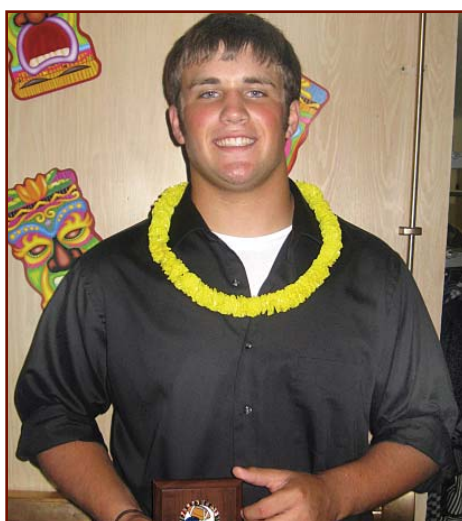
Outstanding Girls' Soccer Player
Anna Pierce



Outstanding Girls' Volleyball Player
Kim Li Musall



Outstanding Boys' Soccer Player
Joe Alzate



Outstanding Football Player
Brian MacNeal



Co-Outstanding Cheerleading
Deanna Michael



Co-Outstanding Cheerleading
Heather Watkins

GIRLS' JV VOLLEYBALL

By Coach Sandy Olson

This year's JV Volleyball team consisted of Junior, Olivia Harris; Sophomore, Jaimee Olson; Freshmen Caity DeBoy, Grace Hall, Cheyanne Hurley, Rachel Welch, Ashley Wilson, and Shannon Wilson; and 8th graders Courtney Antholzner and Courtney Scanlan.

The team was a new young team with only one returning player. Their record does not reflect how they played. They have grown in leaps and bounds with their skills this season. From learning how to get the first good pass to the setter, to the setter assisting the hitter for that ultimate "kill". They improved a lot this year. I would like to thank the girls for a marvelous season and look forward to next season.

GIRLS' MODIFIED SOCCER

By Coach Tammy Eddy

The Girls' Modified Soccer team had a fun and successful season this fall. The team showed great progress throughout the season as they learned new skills and became comfortable playing together as a team. This year's team had 19 players, 10 of which were made up of the following 8th graders; Mary Bohn, Hollie Chamberlain, Hailey Musall, Natalia Palombi, Chantel Perez, Julia Schwartz, Emily Uhrinek, Samantha Uhrinek, Elizabeth Wendel and Sarah Wojtowicz. We also had 9, 7th graders on this team; Amber Davies, Aemile Donoghue, Alessia Filutze, Rebecca Hagon, Taylor Martin, Jocelyn Steffan, Hunter Steffenhagen, Lacey Tabak, and Molly Woodarek. Great season, ladies!

Thank you to our awesome manager Madison Harris and to all of the parents who generously supplied the team with fruit.

Ellicottville Central School
5873 Route 219
Ellicottville, NY 14731
www.eville.wnyric.org

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Ellicottville, NY 14731

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Mrs. Mary Ellen Campbell, Vice President
Mr. Stephen Ward
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Mr. Roger Spell
Mr. Lynn Eddy
Mr. James Wiley

Or CURRENT RESIDENT

POSTAL PATRON

Administration

Mr. Mark J. Ward, Superintendent
Mr. Robert Miller, 6-12 Principal
Mrs. Connie Poulin, Pre K-5 Principal/Director of Curriculum



E - Embracing Change
C - Celebrating Success
S - Surpassing Expectations



JOIN US FOR OUR FALL CONCERT ON NOV. 5

There will be a Fall Concert on November 5th, 2009 in the High School gym, starting at 7 p.m. Featured in this concert will be our 7th/8th grade Band and Chorus, and our High School Band and Chorus. Pictured are the HS Chorus officers (Jami Curtis, Courtney McNeight, Erika Neuirth and Aaron Thomas) and the Senior Band members (Aaron Thomas, Jesse McMahon-Eagan, James Brennan, Heather Stover and Christina Stover). Please come for an evening of entertainment!

ENCORE, ENCORE!

By Mme Whistler

Once again, Vicky Williams and her staff in the cafeteria will help celebrate National French Week, Nov 2-6. The lunch menu will include specialties from Quebec and France. Students will enjoy omelettes with frites (French fries) and a salade verte, jambon avec gratin de pommes de terre, (ham with cheese potatoes) and Spaghetti bolognaise. Some of the student favorites from last year's National French Week menu will be served again. Check the November menu and share in the flavorful fun.

